



NEWSLETTER SPRING 2019

NEW CAMTRUST VAN

GARDEN PROJECT

HISTON METHODIST CHURCH CAFÉ

WORKING ON BIKES

MEDLOCK ENSEMBLE

SPRING CONCERT

All Saints' Church,
Cottenham,
4pm, Sunday 12 May

In May the Medlock Ensemble will return to perform some beautiful music in aid of Camtrust. The professional musicians give their time so that all proceeds go directly to Camtrust and the Friends of All Saints' (to help with the upkeep of the church).

Music by Vivaldi,
Tchaikovsky, Bach,
Dvorak and others

Tickets £12/£6
from [www.ticketsource.co.uk/
medlockensemble](http://www.ticketsource.co.uk/medlockensemble), from
Histon Library or from
Camtrust

JIM'S GARDEN PROJECT

I was outside looking at the Camtrust garden area when I thought this is a mess and needs clearing up. I couldn't do the gardening as I couldn't reach the raised beds.



Vegetables like lettuce tomatoes and maybe flowers.

I would like the outside area to be a relaxing space where we can relax at break time as well as well as join in with gardening sessions.

Mike who comes to Camtrust on a regular basis heard me talking about it. Mike made me a wooden planter that I could reach from my wheelchair it is fantastic, it was a good surprise and I will be able to join in with the gardening, thanks Mike.



We are looking for volunteers to help us with our garden project, I promise it's very small area, if you feel you can help us please contact Claire at Camtrust on 01223236786 or by email claire@camtrust.co.uk.

I will be working with other clients to redesign the garden space at Camtrust for everyone to use. We will be growing plants,

We look forward to hearing from you,

Jim

Camtrust
22 Cambridge Road
Impington CB24 9NU

01223 236786
info@camtrust.co.uk
www.camtrust.co.uk

 
Camtrust Charity Cambridge @CamtrustC
Charity no. 1017004

WORKING ON BIKES

Hi, my name is Jamie. I come to Camtrust on Mondays and Thursdays. I work on the project to fix and refurbish donated bikes which we sell to raise funds.



The bikes are given to Camtrust by members of the public and places like Cambridge University Library. We carry out checks from top to bottom on tyres, brakes, saddles, red and white reflectors and much more.

We also wash the bikes with special cleaner and the pressure washer, then put price tags and numbers on the bikes so the customers know how much they are.

Many people come to buy from us at Camtrust – grandparents who are looking for a bike or

scooter for their grandchildren. Students pop by to purchase a bike while they are staying in Cambridge.

Members of the public also drop their bikes at Camtrust to be fixed and maintained. I take their name and number so I can call them when I've finished working on the bikes.

By Jamie

Jamie will be speaking about his work on the bike project when he introduces the Medlock Ensemble Concert on 12 May.

MEET THE CLIENTS



VITO

My name is Vito and I have been coming to Camtrust for 4 years.

I enjoy my two days at Camtrust, I work on refurbishing bikes, shopping, cooking, computer work and I volunteer at the café in Histon on Wednesdays.

I completed travel training at Camtrust and I am now able to travel by bus independently.

NEW CAMTRUST VAN FROM HISTON EARLY YEARS CENTRE



In late March Histon Early Years Centre very generously gifted us a large transit van. We will be using it to help collect and transport donated bikes and other items for our sales.



HISTON METHODIST CHURCH

It's great to be able to return to Histon Methodist Church on a Wednesday lunch time to volunteer at their busy café.



The church is being refurbished and the new kitchen is now complete. It has a wider hatch for serving the customers and lots of different kitchen equipment.



There are new staff to get to know and a different designated cash desk.

I help by carry the food to the tables and clearing up when the customers have finished their lunch.



By Vito

MAKING CHRISTMAS TREE DECORATIONS

In our arts and craft sessions we made decorations for the Camtrust Christmas tree at Bramley Court.



This is how I made them. I took a CD and glued a decoration onto it. I then shook some silver glitter onto the decoration and left it to dry.

Then when the paint had dried I put glue, then sprinkled glitter onto the Letters. When they were dry I laminated the letters so they were waterproof from the rain.

Then when the paint had dried I put glue, then sprinkled glitter onto the Letters. When they were dry I laminated the letters so they were waterproof from the rain.



We decided to put our name Camtrust on the tree. First we



Jack

MEET THE STAFF AND TRUSTEES



STEVE

Steve is our Training Supervisor and he is in charge of all client programmes. He has been working at Camtrust for 12 years. Steve also helps to run a U13's football team and enjoys going to the pub!

DONATE TO CAMTRUST



You can make a donation to Camtrust through Local Giving:
localgiving.org/charity/camtrust

CAMTRUST CHRISTMAS LUNCH

On Thursday 20th December, the day Camtrust closed for Christmas, we had our Christmas lunch together.

As usual, Steve cooked the lunch. We had ordered the food on-line and it was delivered 2 days before in a van.



Jim, Vito and Cathie helped to prepare the vegetables the day before. We had turkey, stuffing, sausages, Brussel sprouts and roast potatoes.

After, we ate profiteroles and jelly, as well as trifle. Helen made the trifle for us and Chris made the profiteroles.



23 clients, staff and volunteers sat down for the meal and had a wonderful time.

After the meal we had a Christmas quiz and also sang Christmas songs accompanied by Helen and her husband on their instruments.



By Paul

BURNS LUNCH AT CAMTRUST

On Thursday 24th January, we had our Burns Lunch at Camtrust.



We had a lovely lunch of Haggis, Neaps and Tatties [Swede and Potatoes] and sausages.

Steve prepared the lunch, with the help of Cisco.

The lunch was enjoyed by everybody and Michael said "I really enjoyed the Haggis".

By Michael

THANK YOU FOR DONATIONS

- Histon Early Years Centre
- Histon Methodist Church
- Station Stores
- Rotary Club of Cambridge South
- St Andrews Church, Impington
- Little St Marys Church
- United Reformed Church, Cambridge